

EA1600 - Exploring East African culture for Healthcare professionals

Training Overview

The session explores East African Culture including geographical locations, politics, social structure and customs. The session focuses health care information that is importance for healthcare providers such as patient/provider relationship, medication, medical records, and home care services, health taboos in the community, herbal medicine, herbal medicine and documentation. There is a seven minute videos tape to be shown to the participants about Khat. Khat is a stimulant used by East African community and it is illegal in the US.

In this session YOU WILL

- Explore social, history and geographical background of the main East African communities such as Somalia, Ethiopia, Djibouti and Sudan .
- Explore social structure of the East African community such as family relations, extended family relationships and individual and social responsibility.
- Understand the social structure of East African communities such as the role of men and women, parents and children, relationships, marriage, conflict resolution, dress, food, religious rituals and holidays.
- Explore culture and norms of the East African community such as communication and the role of elders in the community.
- Learn comparison of healthcare system back home and US healthcare system.
- Explore healthcare issues for East African communities including documentation patient/provider relationship, health taboos in the community, herbal medicine, homecare services, use of interpret services, Khat (stimulant used in east Africa and Yemen).
- Short documentary about Khat.

Who Should Attend?

The training will benefit anyone interested in learning: more about East African community, background of the East African, the basis of their culture, families and the framework of their social structure. It is highly recommended to those who work with East African community and families including social workers, law enforcement officers, attorneys, healthcare professionals, media staff and psychologists.

About the Speaker

Abdi Elmi is the founder and director of AGE Associates, Inc. training and consulting organization. Abdi Elmi is the first and only court certified Somali interpreter/translator in Minnesota and entire nation (US). Abdi Elmi is also U.S Department of State contractor interpreter/translator. AGE Associates, Inc. provides diversity training and consulting to various organizations in health and Human services, law enforcement, public schools and other social services. Abdi provided consulting services to many projects run by international organizations including WHO, UNICEF and UNISOM. He lived and extensively traveled to the Middle East and many African countries. His areas of expertise are diversity trainings, culture and competence, exploring Islamic and Muslim cultures, exploring African cultures and evaluation of translation/interpreting in Arabic and Somali. Mr. Elmi has got a Masters degree in Health and Human Services Administration and speaks fluent Somali, Arabic and English. He can be reached at interpreter@firstinus.com

Duration : 2 hours (2 CEUs)