

## EA1400 - Exploring East African Culture for Law enforcement

### Training Overview

This session explores East African Culture including geographical locations, politics, social structure and customs. The session compares law enforcement/judicial system back home and here and focuses on law enforcement issues such as, arrests, interrogations and other cultural issues that need to be addressed. It is important law enforcement officers to know community expectations and what they have in mind in order to serve them better. The session concludes with a seven minute video about Khat, a stimulant used by the East African community.

### In this session YOU WILL

- Explore social, history and geographical background of the main East African communities such as Somalia, Ethiopia, Djibouti and Sudan.
- Explore social structure of the East African community such as family relations, extended family relationships and individual and social responsibility.
- Understand the social structure of East African communities such as the role of men and women, parents and children, relationships, marriage, conflict resolution, dress, food, religious rituals and holidays.
- Explore culture and norms of the East African community such as communication and the role of elders in the community.
- Learn comparison of law enforcement system back home and here in the United States.
- Learn issued that needs to be addressed in working with East African Communities.
- Learn about Khat by watching 5 minute video tape about Khat.

### Who Should Attend?

The training will benefit anyone interested in learning: more about East African community, background of the East African, the basis of their culture, families and the framework of their social structure. It is highly recommended to those who work with East African community and families including social workers, law enforcement officers, attorneys, healthcare professionals, media staff and psychologists.

### About the Speaker

**Abdi Elmi** is founder and director of AGE Associates, a multi-ethnic training and consulting organization. AGE Associates provides diversity training and consulting to various organizations in health and Human services, law enforcement, public schools and other social services. Abdi provided consulting services to many projects run by international organizations including WHO, UNICEF and UNISOM. He lived and extensively traveled to the Middle East and many African countries. His areas of expertise are diversity trainings, culture and competence, exploring Islamic and Muslim cultures, exploring African cultures and evaluation of translation/interpreting in Arabic and Somali. Mr. Elmi has got a Masters degree in Health and Human Services Administration and speaks fluent Somali, Arabic and English. He can be reached at [director@ageassociate.com](mailto:director@ageassociate.com)

**Duration** : 2 hours

To contact us more about this training please click [here](#)

### What participants said about our trainings?

I thought the presentation was very interesting. You covered a lot of ground in a relatively short period of time. I appreciate that you took questions throughout the

presentation, and let people feel comfortable asking about anything. I have witnessed in other cultural competency-types of trainings that people are afraid to ask something and look bad, or risk offending someone. It was a very useful 3 hours for me, and I definitely learned a lot. It could easily have been a 4-hour training, and then the pace could have slowed down a bit. It felt like a lot of new information in rapid succession.

Thank you so much for sharing this information with us, and I hope to see you at another training soon!

**Sarah Senseman, MPH**

“Training really comes to life when a trainer can tell stories about his material. It was very helpful to hear some of your stories about East African immigrants and some of the ways their culture has clashed with U.S. native culture. Those stories really bring our cultural differences to light and show us how we should not rush to judge people from other cultures”

**Cathy Woodbury  
Staff Development Specialist**

“It reinforced and reminded me that recent immigrants will soon be integrated into this society and frictions/problems will resolve themselves. History bears this to be true”.

***Police officer  
Anoka Police Department, Minnesota.***

To read more testimonials, please click [here](#)